



BhaktiChi

BhaktiChi with Don Hanson

22nd - 27th APRIL 2025

Ponderosa, Stolzenhagen, Germany

A 5 DAY IMMERSIVE RETREAT

BhaktiChi is a deep healing modality that will transform your life. It can clean out your negative, fear based ancestral history & deep cellular trauma and bring you into the liberated feeling of self-love and an appreciation for all life on this planet. This immersive 5-day retreat is an intensive, emotional, energetic and therapeutic group process, led by Don Hanson.

The work of BhaktiChi comes from many spiritual teachings and is held with a deep intention to promote love, kindness and connectedness in our relationships and surroundings. There are many ancient traditions that work to understand and incorporate this energy, such as Buddhism, Qigong, Tai Chi or Traditional Chinese Medicine. It is understood by the ancient wise masters of Chi in the East and studied through the Dantien (or Energy Center) in Taoism. But what is unique to BhaktiChi and its exploration of this wisdom, is how it takes the mastery of energy into the flow of your everyday life and relationships.

BhaktiChi teaches you how to read, interpret, understand, tune into, back-up, access and express this energetic intelligence within your daily interactions and life-experiences. So, when practiced and implemented in your life, a powerful energy of self-trust awakens within your Center that keeps growing, strengthening and expanding itself.

The nature of this Chi or life force energy is expansion and it keeps seeking and creating more expansion for you as you learn to open to it and put it first in your life. Eventually your body, mind, heart, career, relationships, health and self-image reflect this expansion back to you as more love, joy, energy, peace, growth, happiness, passion and success.

The benefits of this powerful retreat and training include:

- Awakening our unique talents and gifts
- How to listen to our intuition and trust it in our daily lives and relationships
- Teaching us the language of energy and how the universe works
- Reawakening our passion for life and living
- Developing our skills as facilitators in any professional area
- Helping to remove negative thinking and reactions based on past trauma
- Healing emotional trauma
- Releasing tension from the body
- Dissolving negative behaviours, habits and conditioning
- Waking us up and bringing us into a spiritual path with a purpose

Please come with a willingness to go into deep self-introspection and to work as part of a team, where we all support each other during this group process. We work on becoming who we truly are.... together. Prepare to meet some wonderful new people, make good friends and have lots of fun as this is a very playful, joyful and creative process. We will be surrendering, improvising into an unfolding energetic structure that is cocreated together, but strongly guided and held by Dons long term experience and loving wisdom.

ABOUT DON HANSON



Don Hanson holds a master's degree in Transpersonal Psychology. For the last 35 years he has been traveling internationally and has taken thousands of people through a journey of deep cellular/molecular purification and metamorphosis.

Don has been on the spiritual path for over 47 years. He has spent decades studying both psychological and spiritual disciplines, which opened some beautiful spiritual gifts and abilities. He now uses his talent to help others to realize their full potential and who they are as beautiful precious human beings.

For further information on the work of Don Hanson and the Bhaktichi process please visit the website: donhanson.com

PRICING & ACCOMODATION OPTIONS

FULL 5 DAY RETREAT: Tuesday 22nd April – Sunday 27th April 2025

Early Bird Price (valid until 31st March 2025)

- Private Room + Food (500 €) & Workshop (430 €): Total: 930€
- Double Room + Food (405€) & Workshop (430€) : Total : 835€
- Dorm + Food (360€) & Workshop (430€): Total : 790€

Regular Price (valid from 31st March – 27th April 2025):

- Private Room + Food (550€) & Workshop (450€): Total: 1,000€
- Double Room + Food (435€) & Workshop (450€) : Total : 885€
- Dorm + Food (360€) & Workshop (450€): Total : 810€

LONG WEEKEND: Friday 25th April – Sunday 27th April (3 full days and 2 nights)

Early Bird Price (valid until 31st March 2025)

- Private Room + Food (295€) & Workshop (235€): Total: 530€
- Double Room + Food (245€) & Workshop (235€) : Total : 480€
- Dorm + Food (215€) & Workshop (235€): Total : 450€

Regular Price (valid from 31st March – 27th April)

- Private Room + Food (325€) & Workshop (250€): Total: 575€
- Double Room + Food (275€) * & Workshop (250€): Total : 525€
- Dorm + Food (245€) & Workshop (250€): Total : 495€

DEPOSIT: To secure your place we ask that you pay a deposit of 150€

WHAT IS INCLUDED IN YOUR STAY?

This is an all-inclusive retreat. Breakfast, Lunch and Dinner as well as accommodation will be included in your stay.

WORKSHOP SCHEDULE:

Tuesday 22nd April:

Arrival Day: Check in from 16:00 hrs

Dinner 18:00 hrs

Evening workshop session from 19:00 - 22:00 hrs

Wednesday – Saturday: 23nd – 27th April

Breakfast

9.30 - 12.30 hrs: Workshop

Lunch

14:00 - 17:00 hrs: Workshop

Dinner

Sunday: 27th April

Breakfast

9.30-12.30 hrs: Workshop

Lunch

14:00 - 17:00 hrs: Workshop

Check Out: after workshop, 17:00 hrs

Extra nights stay on Sunday 27th April:

If you would like to stay an extra night after the workshop, it is possible, but please book with us in advance. There are restaurants in the nearby town which we can go to for dinner on the evening of the 27nd April. A light self catered breakfast will be provided on the morning of the 28th and we ask that you check out by 11:00 hrs. If you would like to stay an extra night, here are the options for you:

Private : 52€

Double: 42€

Dorm: 35€

Includes simple self-catered breakfast

PAYMENT:

WORKSHOP FEE: The workshop fee should be paid directly to Don. His preference is that you pay in cash in US dollars on arrival, otherwise through Paypal.

ACCOMDATION & FOOD: For accomodation and food, you can make an online bank transfer to Seminarhaus Stolzenhagen, who is hosting the retreat. Once you reserve your place, we will send you the relevant payment links and guide you through this process. Your room and workshop place will be fully confirmed once we receive your payment.

DEPOSIT: To secure your place we ask that you pay a deposit of 150 Euro. Please make your payment to Seminarhaus Stolzenhagen.

Please email us to reserve your place and we will send you all the relevant payment information.

THE LOCATION: Ponderosa, Stolzenhagen, Germany

Ponderosa is an art-centered place in the German countryside, in the village of Stolzenhagen, around an hour on the train from Berlin, close to the border with Poland in the Lower Oder Valley National Park. For 20 years it has been a site where people gather and exchange in and with the stunning natural beauty of Brandenburg.

We are part of the co-operative Genossenschaft of Gut Stolzenhagen, on the mountain top above the village of Stolzenhagen, close to the border with Poland in the Lower Oder Valley National Park, about one hour on the train from Berlin.

We invite you to spend time with us in our big open kitchen, the living room and the outdoor areas.

How to get here We are located in the last village before the border to Poland: So yes, we are in the straight up countryside. Consider your journey to us being a part of the adventure... If you want to check the travel details again during your journey, it can be helpful to save them to your computer or phone, or write them down — mobile internet reception out in the countryside can be pretty weak. You may also want to save our location via [Open Street Map](#), [Google Maps](#), or [Apple Maps](#).

HOW TO GET HERE WITH PUBLIC TRANSPORT

1: Get to Berlin. It's in Germany.

2. Take a train from Berlin to Angermünde In Berlin, you will need to go to one of the bigger train stations that are served by regional trains. The two stations that most people tend to use are [Berlin-Gesundbrunnen](#), and [Berlin-Hauptbahnhof](#). For more, check the [Deutsche Bahn](#) website, or the Deutsche Bahn app for iOS or for Android, or the BVG (Berlin public transport service) website, or their app for iOS or for Android.You can buy tickets from the machines on the station platforms. The machines accept coins, bank notes and bank cards, and they have menus in several languages.

Buy your ticket to Lunow- Stolzenhagen via Angermünde, so the bus drive to Stolzenhagen is already covered. Usually trains leave approximately once every hour. The RE3 train has a final destination of either Stralsund or Schwedt written on the departure boards. Train tickets cost approx €10,50 and the journey takes around an hour. Get out of the train at Angermünde.

3. Take a bus from Angermünde to Stolzenhagen

REGULAR BUS ON WEEKDAYS

At Angermünde train station, walk out the front door and get your bus. It leaves a couple of minutes after the train arrives, so don't hang around. The buses have displays inside that list the next approaching stop, so you can see when to get out. Leave the bus either at Orseingang or Wendestelle.

On weekdays, the bus runs at 9:04am, 12:50pm, 1:44pm, 3:35pm and 4:35pm, please double check here. On school holidays, it runs at 9:04, 11:35, and 4:35pm. Your train ticket is also valid to travel on this bus — as long as you followed the step above and got a ticket to Lunow, otherwise you have to pay 3 €, Public buses do not run on the weekends. If you will be arriving on a weekend day, you must get a Rufbus.

RUFBUS ON WEEKENDS AND EVENINGS

A Rufbus is a taxi-van, which can be ordered in advance by phone. It is only possible to travel on a Rufbus on weekdays from 5:30pm to 9:30pm, and on weekends/ holidays from 8am to 9:30pm. On weekends, there is an extra charge of 1,20€. Tell them you need to get out at the Gut Stolzenhagen.

We recommend to call the day before you travel to reserve a place on a [Rufbus](#).

You can only order a Rufbus in German. They do not speak any English, or any other language.

CONTACT :

For further information and reservations please contact Ciara Kirby at ciarakirby11@gmail.com



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